Apathy Evaluation Scale (Self-rated)

Name: ___________________________________________  Date: ___/___/___

For each statement, circle the answer that best describes the subject’s thoughts, feelings, and activity in the past 4 weeks.

1. I am interested in things.
   
   NOT AT ALL  SLIGHTLY  SOMEWHAT  A LOT

2. I get things done during the day.
   
   NOT AT ALL  SLIGHTLY  SOMEWHAT  A LOT

3. Getting things started on my own is important to me.
   
   NOT AT ALL  SLIGHTLY  SOMEWHAT  A LOT

4. I am interested in having new experiences.
   
   NOT AT ALL  SLIGHTLY  SOMEWHAT  A LOT

5. I am interested in learning new things
   
   NOT AT ALL  SLIGHTLY  SOMEWHAT  A LOT

6. I put little effort into anything.
   
   NOT AT ALL  SLIGHTLY  SOMEWHAT  A LOT

7. I approach life with intensity.
   
   NOT AT ALL  SLIGHTLY  SOMEWHAT  A LOT

8. Seeing a job through to the end is important to me.
   
   NOT AT ALL  SLIGHTLY  SOMEWHAT  A LOT

9. I spend time doing things that interest me.
   
   NOT AT ALL  SLIGHTLY  SOMEWHAT  A LOT

10. Someone has to tell me what to do each day.
    
    NOT AT ALL  SLIGHTLY  SOMEWHAT  A LOT
11. I am less concerned about my problems than I should be.
   NOT AT ALL   SLIGHTLY   SOMEWHAT A LOT

12. I have friends.
   NOT AT ALL   SLIGHTLY   SOMEWHAT A LOT

13. Getting together with friends is important to me.
   NOT AT ALL   SLIGHTLY   SOMEWHAT A LOT

14. When something good happens, I get excited.
   NOT AT ALL   SLIGHTLY   SOMEWHAT A LOT

15. I have an accurate understanding of my problems.
   NOT AT ALL   SLIGHTLY   SOMEWHAT A LOT

16. Getting things done during the day is important to me.
   NOT AT ALL   SLIGHTLY   SOMEWHAT A LOT

17. I have initiative.
   NOT AT ALL   SLIGHTLY   SOMEWHAT A LOT

18. I have motivation.
   NOT AT ALL   SLIGHTLY   SOMEWHAT A LOT

The Apathy Evaluation Scale was developed by Robert S. Marin, M.D. Development and validation studies are described in RS Marin, RC Biedrzycki, S Firinciogullari: “Reliability and Validity of the Apathy Evaluation Scale,” Psychiatry Research, 38:143-162, 1991